

**Healthy Youth and Schools Commission Meeting**  
**Wednesday, April 2, 2014**  
**4:00 pm – 6:00 pm**  
**Minutes**

**FINAL DRAFT**

**Commissioners in attendance:** Sandra Schlicker, Alexandra Ashbrook, Charneta Scott (via phone), Cara Larson Biddle (via phone), Diana Bruce, Audrey Williams, Alexandra C Lewin-Zwerdling (via phone).

**Commissioners not in attendance:** Lauren S. Biel, Simone Banks-Mackey.

**Others in attendance:** Alyia Smith-Parker (DC Hunger Solutions), Melissa Roark (DC Hunger Solutions), Georgette Blake (Horace Mann ES), Jeff Travers (Fight for Children), Ava Young (Alliance for a Healthier Generation), Casey Hazlett (Alliance for a Healthier Generation), Chidimma Acholonu (Alliance for a Healthier Generation), Mary Romanello (Trinity Washington University), Lindsey Palmer (OSSE), Grace Friedberger (OSSE), Elizabeth Leach (DCPS), Erica Steinhart (OSSE), Michael Musante (FOCUS), Samuel Stebbins (Arlington Public Health), Sarah Aleem (DOH), Amelia Peterson-Kosecki (DOH), Ife Oluwafemi (OSSE), Joni Eisenberg (DOH), Tanisha Douglas (DOH), Miles Sandler (DC PNI), Kanya Shabazz (Playworks), Erin Watts (AU, via phone).

**I. OSSE Update**

1. School Programs Update – Lindsey Palmer
  - i. Trends in breakfast and lunch meal counts in October from 2010-2013 and review of meals/month for fall 2013 presented.
2. Healthy Schools Act Initiatives Update– Nancy Katz
  1. Farm to School
    - a. Distributed list of local farms that provide food to schools.
    - b. Farm Field Trip RFA being released April 11. Grants will be up to \$1,500 and awarded to approximately 25 schools.
    - c. Beginning administration of the USDA Farm to School Grant that will focus on a “Harvest of the Month” program in 15 schools.
    - d. Strawberries and Salad Greens Day is on May 21<sup>st</sup>.
  2. School Gardens
    - a. 2014-2015 grantees were selected. \$300,000 in funding was awarded to 21 schools.
    - b. OSSE was awarded a Sustainable DC Challenge Grant to build an outdoor classroom.
    - c. OSSE will be a FoodCorps host site (pending funding) beginning with the 2014-2015 school year.
  3. School Nutrition and Wellness
    - a. Monitoring of HSA Compliance ongoing in DCPS with assistance from the DCPS OFNS. 50 charter schools were visited during the 2012-2013 SY.
  4. Health and Physical Education and Physical Activity

- a. Physical Activity for Youth (PAY) grant applications are due April 4.
    - b. Looking at PE policies and pilot programs across the country to see what can be done to help schools meet the PE minutes.
  - 5. Assessment and Evaluation
    - a. 85% of the HSA School Health Profiles have been received.
    - b. Created a *Progress on the DC Healthy Schools Act* fact sheet with data from the SHP and other sources.
- II. Healthy Youth and Schools Commission Business
  - 1. New Commissioners
    - i. There are presently 4 Commissioner vacancies. Working with OBC to fill vacancies.
  - 2. School Breakfast Week Competition
    - i. Winning school was Mundo Verde PCS.
    - ii. Over 100 texts received and quotes are on the Healthy Schools Act website.
    - iii. School Breakfast Week received coverage by the Washington Post.
  - 3. Universal Health Certificates
    - i. Working with DOH on collecting BMI and other health data in their database.
  - 4. Healthy Tots Act
    - i. Legislation has been introduced by CM Cheh.
- III. Other Matters
  - 1. American University – Erin Watts
    - i. Conference on February 24<sup>th</sup> shared findings that there may be a positive relationship between school health and school academic achievement.
  - 2. Discussion about conducting qualitative research with students on how they like the new food. Liz Leach discussed taste tests conducted by DCPS.
  - 3. Suggestions:
    - i. Create a visual display in Wilson building about the success of the Healthy Schools Act.
    - ii. Have a table at the DC Educational Festival.
  - 4. Commission report released in January says that PE minutes will not be met next year. Recommended a task force to find out what it would take to meet these requirements.
    - i. Broaden PE requirements to include PA?

Meeting Concluded at 5:50 pm

**Next Meeting: Wednesday, June 4th 3:00-5:00 pm, 810 1<sup>st</sup> Street, NE, Room 4002**